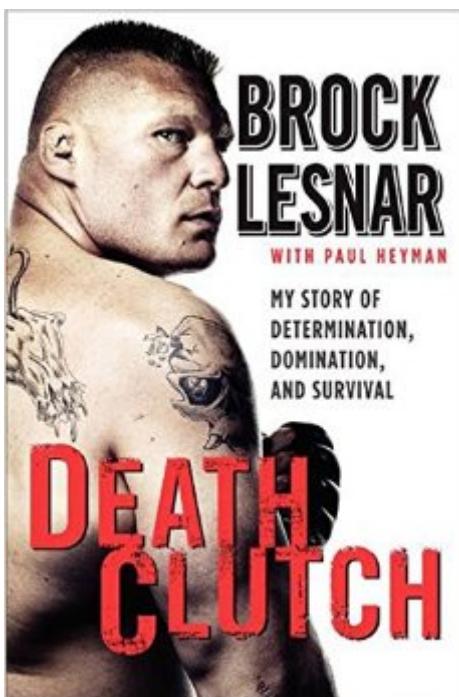


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# Death Clutch: My Story Of Determination, Domination, And Survival



## Synopsis

The *æ*ebaddest man on the planet, *æ* undisputed, three-time WWE Champion and current UFC World Heavyweight Champion, Brock Lesner, shares his true personal story of determination, domination, and survival in *Death Clutch*. A raw, no-holds-barred memoir from one of the most popular *æ*nd polarizing *æ*figures in sports entertainment and professional mixed martial arts, *Death Clutch* is an essential volume for every WWE and Ultimate Fighting fan.

## Book Information

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## Customer Reviews

Brock Lesnar tends to be a polarizing figure in MMA. Some people love him; others hate him. Very few are neutral. Some think he is a superb MMA practitioner. Haters dismiss him as a gorilla who simply takes people down, lacks submission skills and who tries to "lay and pray" his way to a win. (His arm triangle submission of Shane Carwin undermines that argument.) Some could care less that his earlier career was in pro rasslin'; others think it cheapens and demeans the sport of MMA. Like him or hate him, it is indisputable that he is the UFC's cash cow. Nobody packs the gate or gooses up PPV buys like a fight featuring Brock. For all of his publicity, though, it has not been easy getting behind the *faÃfÃ§ade* of Brock Lesnar the Fighter. He shuns the limelight and seems content in the sticks of Alexandria, MN. You will not find him soaking up the nightlife in Las Vegas or dancing at the after-party. It was considered a coup for Dana White and Zuffa when they recently succeeded in getting Lesnar to agree to appear as one of the coaches on the latest season of the Spike TV reality show, "The Ultimate Fighter." If the show's producers thought there might be

fireworks between Lesnar and Dos Santos, what they got instead was "the bland leading the bland."Joining the growing shelves of first-person MMA memoirs is the putative autobiography of Brock Lesnar, DEATH CLUTCH.What does DEATH CLUTCH tell us about Brock that we didn't already know?He is a simple farm boy, raised on a farm with solid Midwest values of hard work. His parents made great sacrifices to allow him to participate and excel in wrestling. He wasn't coddled when he lost, but was urged to work harder and to "get back on the horse."Lesnar is not enamored with glitz and glitter.

Brock Lesnar has long divided people, especially when he joined the UFC after only one fight and was given a title shot after only two UFC fights. Die hard MMA fans hated him for this and WWE fans despised him for leaving the company after only two years. However one thing most people can agree on is that he is a must watch as is backed up by the Pay-Per-View numbers UFC do whenever he fights. So now with his Autobiography is he a must read? The answer is yes in parts. It's just a pity he has skimmed over so much of his career.The book is split in to three parts, the first part covering his life growing up and beginning wrestling at a young age and how is Mother was his biggest critic. It documents his rise to becoming the NCAA Division I Wrestling Champion. Which of course leads him to meeting Marty Morgan, who is now the head trainer at Brock's Death Clutch gym. Part Two covers his time with the WWE, he has a few good stories to tell but I'm sure he could have included a lot more, It has a chapter on the late Curt Henning(Mr Perfect) that is barely one page long! He gives a short story on meeting Future wife Rena "Sable" Mero while with the company and his reasons for wanting to get out of the company. Part Three covers his battle with the WWE lawyers and their no compete clause as well as trying out for the NFL and eventually making his way to the UFC.Of course Frank Mir is probably number one enemy in the book(just ahead of Vince McMahon) and he does cover their rivalry leading into UFC 100 very well, as well as the famous aftermath and what Dana had to say to him, he covers his battle with Diverticulitis and how he thought he was going to die. The book finishes with Brock talking about him coaching on The Ultimate fighter season 13 against Junior dos Santos.

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